FollowMyHealth Features Guide: Requesting Appointments

via FollowMyHealth Phone Application
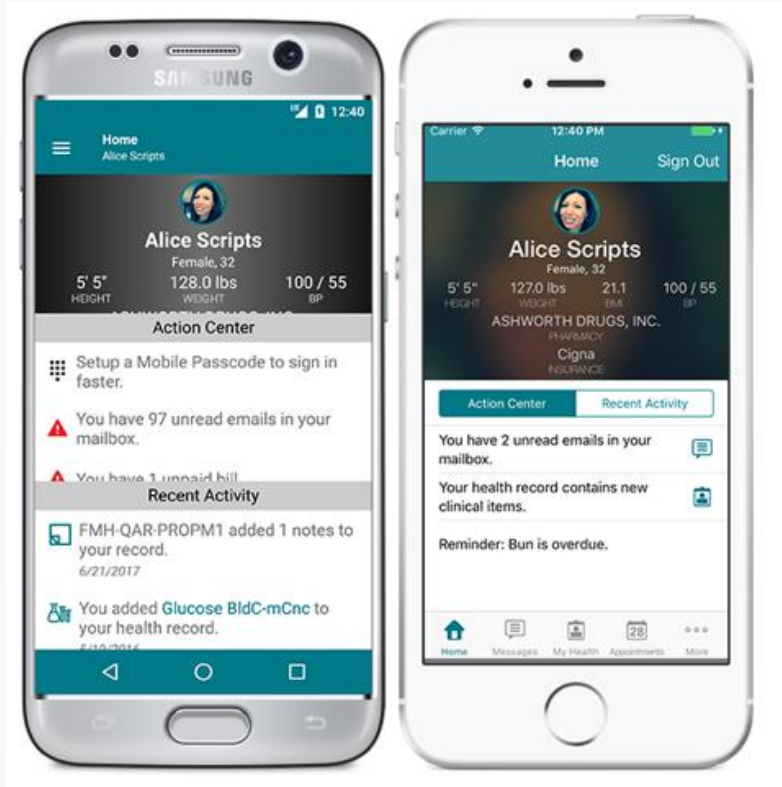
FollowMyHealth Phone Application

The mobile portal views will look slightly different on an Android phone vs. an iPhone. But, they both have the exact same tab functions.

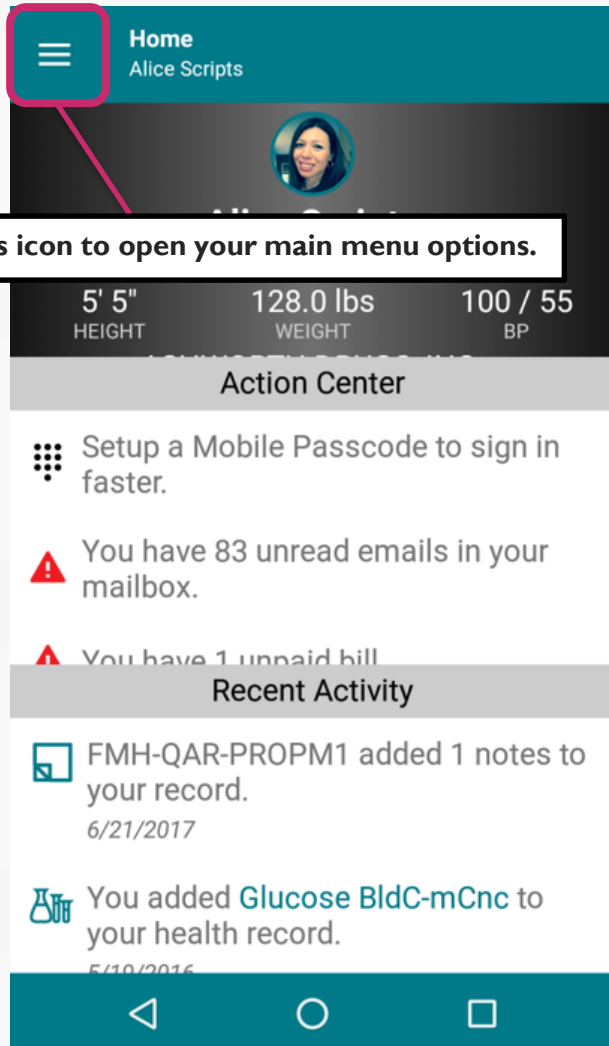Please note that the following screenshots will be views from an Android Phone.
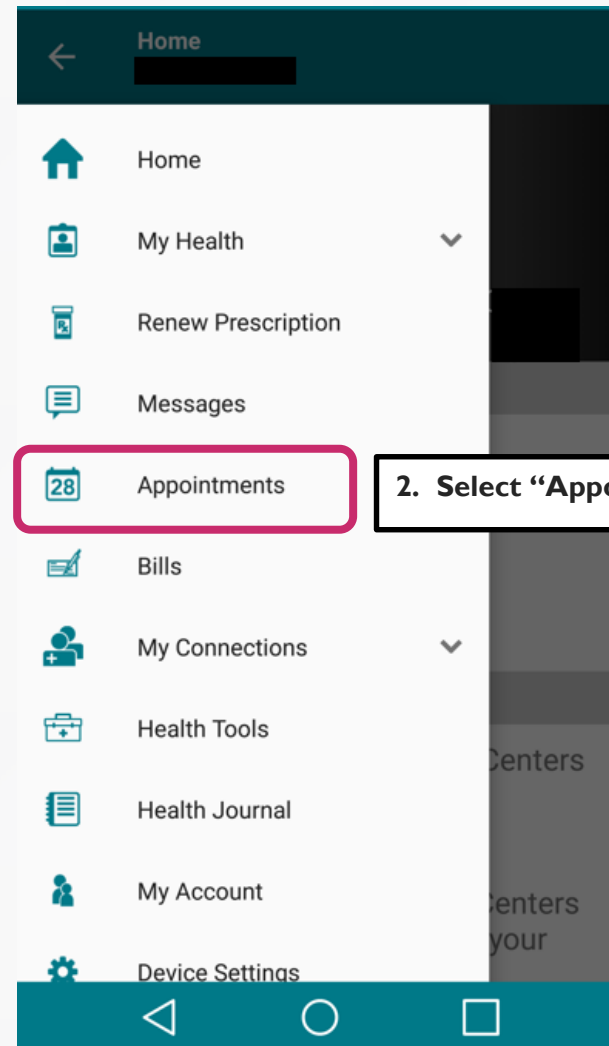

Android   iPhone

Requesting Appointments via FollowMyHealth Phone Application

1. Click on this icon to open your main menu options.

2. Select "Appointments".

2

Requesting Appointments via FollowMyHealth Phone Application

Note: This page is the main Appointments page where you'll see your upcoming, past, and other appointments. The first tab shows any upcoming appointments.

3. Click here to make an appointment request.

Note: Sea Mar Community Health Centers will automatically be populated as the location of your appointment.

4. Click here to choose from a list of providers you would like to have an appointment with.

Note: If you would like to make an appointment with a provider you have not seen before, click on "Additional Providers" where it'll display all of the providers available at Sea Mar to select from.

5. Select the provider you'd like to make an appointment with. Please note that this provider list will only show the providers you've seen for a medical appointment.

Note: The provider selected will populate here.

6. Click "Next".

4

Requesting Appointments via FollowMyHealth Phone Application

Schedule an Appointment
For ▮▮▮▮▮▮▮▮▮▮ ✕

| WITH WHOM? | WHEN? | CONFIRM |

Your Provider MD
Sea Mar Community Health Centers
other

CHANGE

Your appointment preferences

Please indicate your availability for an appointment. You can enter multiple time slots (e.g First Available on a Monday at anytime).

First Available ▲

On the following days

MON **TUE** WED THU FRI

7. Select in the drop-down menu when you would like to have an appointment. Then, select the day(s) that you're available to have this appointment.

After ▲

10:00 AM ▲

8. Select in the drop-down menu your desired time frame for this appointment.

ADD THIS TIME SLOT

9. Click "Add this time slot."

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Schedule an Appointment
For

WITH WHOM? | WHEN? | CONFIRM

Your ProviderMD
Sea Mar Community Health Centers
other

CHANGE

Note: If you want to remove the time preference to add a different time preference, click on the trash can icon.

Note: Your date and time preference are saved below.

Selected Time Slots

MON, TUE: After 10:00 AM, First Available

Add a time slot

NEXT

11. Click "Next".

10. If you would like to add another time preference on when you're available for an appointment, click on "Add a time slot". This will go back to the screenshot on page 5.

Requesting Appointments via FollowMyHealth Phone Application

Schedule an Appointment
For ▮▮▮▮▮▮▮▮▮

WITH WHOM?   WHEN?   CONFIRM

Your Provider, MD
Sea Mar Community Health Centers
other   CHANGE

Requested Time Slots
MON, TUE: After 10:00 AM, First Available   CHANGE

Reason for Appointment

Comments

Appointments may or may not be available within the time slots you are requesting.

Send Request

12. Type the reason for your appointment in this section. You will not be able to move forward without this section completed. The body of the message is limited to 40 characters.

Note: If you want to change the time preference, click "Change". This will go back to the screenshot on page 6.

13. Optional: Type any comments.

14. Click "Send Request".

Requesting Appointments via FollowMyHealth Phone Application

After sending an appointment request to the clinic, you will receive a message in your Inbox to confirm the date and time of your appointment. Follow the instructions below to go to your Inbox.

1. Click on this icon to open your main menu options.

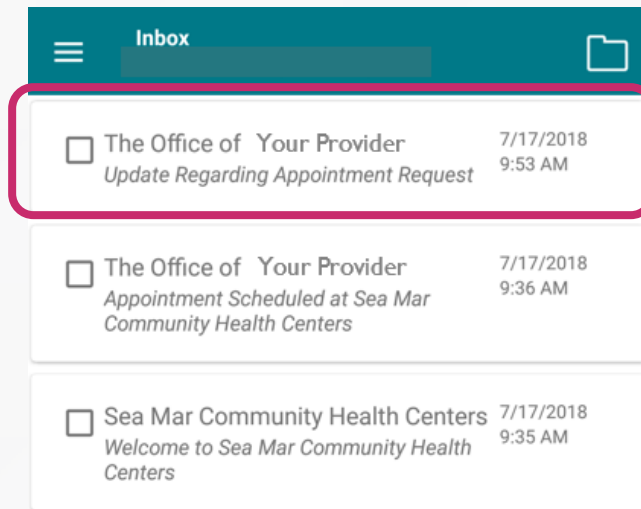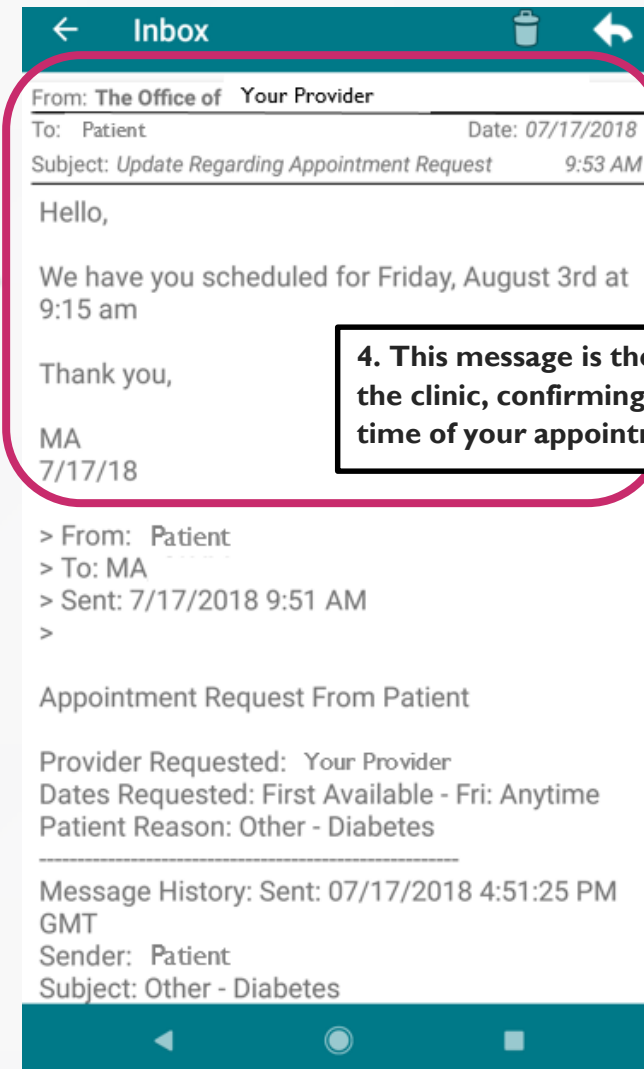2. Select "Messages".

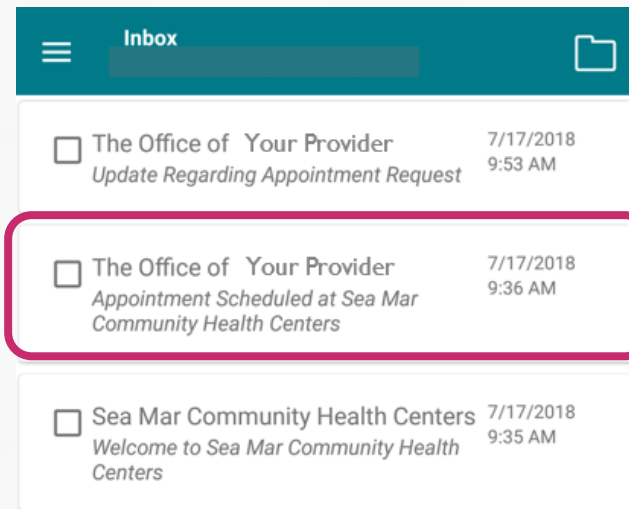# Requesting Appointments via FollowMyHealth Phone Application

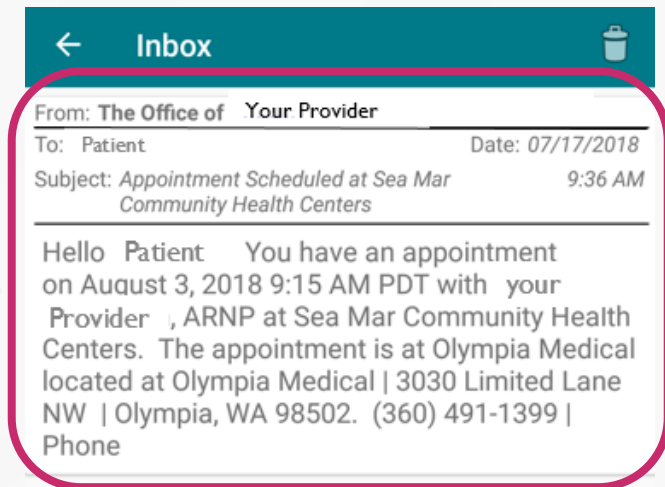3. Here is your inbox of messages received from the clinic. Click on the message highlighted in pink.

4. This message is the response from the clinic, confirming the date and time of your appointment.

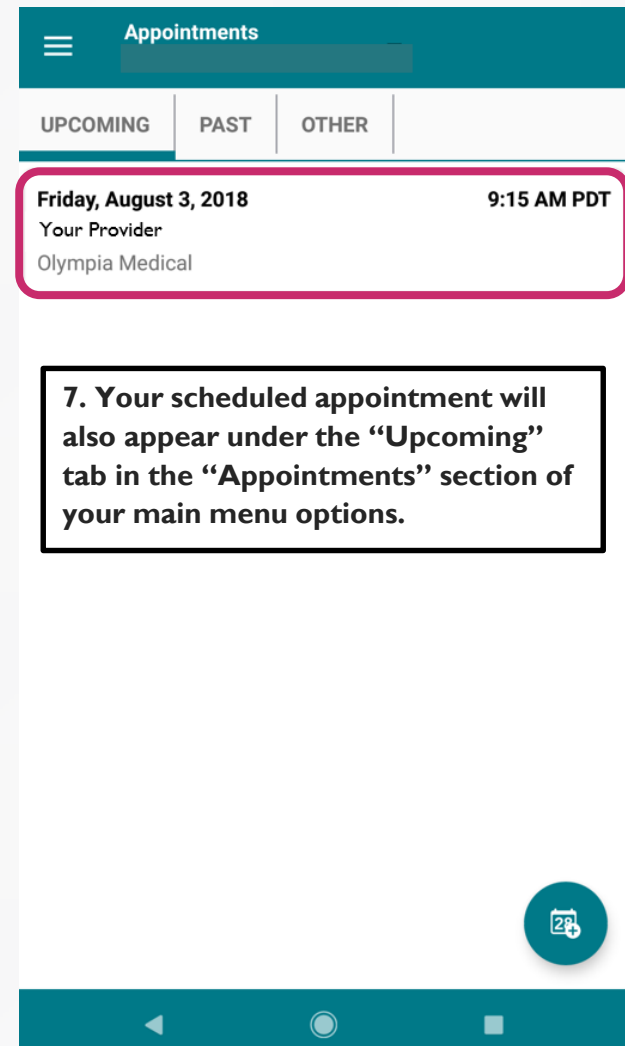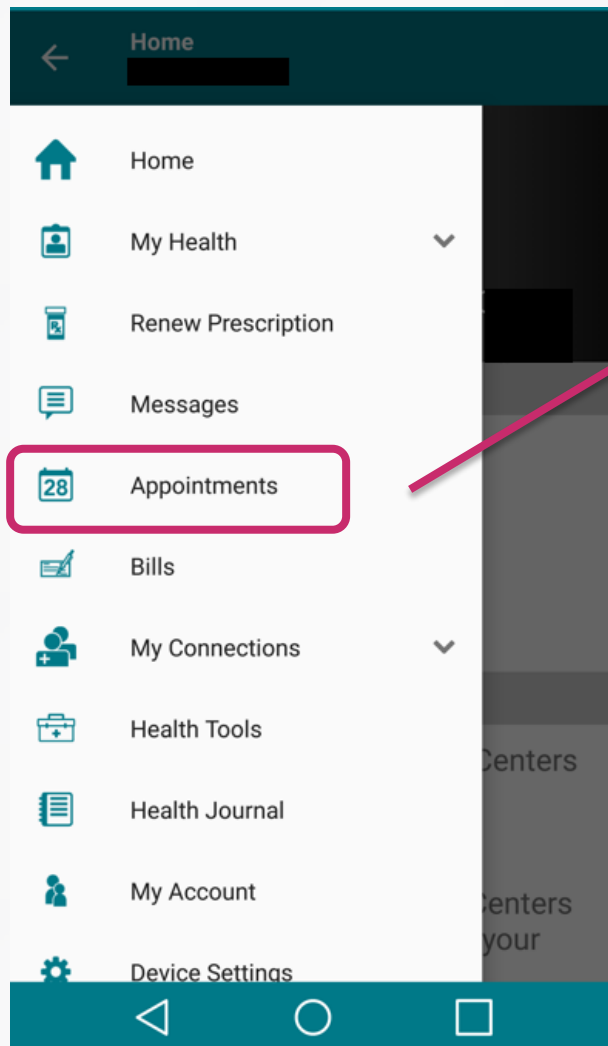# Requesting Appointments via FollowMyHealth Phone Application

5. You will also receive an automated confirmation message from the clinic in your Inbox. Click on the message highlighted in pink.

6. This message contains:

- **Date and time of your appointment**

- **Provider you will be seeing**

- **Clinic location of your appointment**

- **Clinic's contact information**

Requesting Appointments via FollowMyHealth Phone Application

7. Your scheduled appointment will also appear under the "Upcoming" tab in the "Appointments" section of your main menu options.

FollowMyHealth Support Information

If you need any assistance and/or support for your FollowMyHealth account, please contact:

Support Hotline: 1-888-670-9775

Email: support@followmyhealth.com